



mindfest

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Join us for a mental health fair and festival celebrating all minds.

October 5, 2016 9 am - 4:30 pm
 Hart House: 7 Hart House Circle
 Admission is free; all are welcome

www.mindfest.ca

Inspirational renowned speakers including: Camilla Gibb, Bruce Ballon, Emily Wright, Robert Biron, Marshall Korenblum, Jesse Bigelow, Suzanne Stewart, Rhonda Feldman, Ron Keren, Lesley Wiesenfeld, Michael Stroh, Kierston Drier & more...

A full day of workshops and activities will be offered throughout the day; plus a mindfulness walk for mental health awareness through the city of Toronto, leading our finale party at Ryerson University!

Loads of entertainment including hands-on workshop, exhibit booths from community organizations, prizes & giveaways, and more.

Visit our website for all the details.



HartHouse



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