

This session is jointly sponsored by the U Toronto Departments of: Family and Community Medicine; Psychiatry, Division of Psychotherapies, Health Humanities and Education Scholarship (PHES); and the Mount Sinai Hospital, Department of Psychiatry

The Power of Kindness: A Personal and Professional Search

Brian Goldman, MD, MCFP(EM), FACEP

Friday, June 7, 2019 10:40 a.m. – 12:00 p.m.,
followed by a book signing of “The Power of Kindness”.



Dr. Brian Goldman is a staff emergency physician at Sinai Health System in Toronto. Since 2007, he has hosted White Coat, Black Art, an award-winning show about the patient experience in the culture of modern medicine. He is author of three Canadian bestselling books. His latest book, *The Power of Kindness: Why Empathy is Essential in Everyday Life*, his personal and professional search for empathy inside his brain, his heart and around the world.

Learning Objectives:

- Define the key parts of empathy and distinguish them from sympathy
- List personal and system factors that detract from empathy in health care
- Develop ways to be more empathic on the job

Location: Mount Sinai Hospital, 600 University Ave., 18th Floor Auditorium